FLY 1676.

AN

ALMANACK

For the year of our Lord God, 1676.

BEING

LEAP-YEAR.

Calculated for the Meridian of

KINGS-LYNNE

Where the Pole Artick is Elevated above the Horizon 52 deg. 43 min. and may very well serve for any other part of

ENGLAND.

LONDON,

Printed by *S. and B. G.* for the Company of Stationers, 1676.

Common Notes and moveable Feasts.

The Golden Number	15	Easter day	*March* 26
The Circle of the Sun	5	Whitsunday	*May* 14
The Dominical Letters	*BA*	Trinity Sund.	*May* 21
The Epact	25	Advent Sund.	*Decemb.* 3

A Table to know when the Terms begin and end.

Hillary Term begins *Jan.* 23 and ends *Febr.* the 12 and hath 4 Returns, *viz.*		Octab. Hillarii.	*Jan.* 21.
		Quind. Hillarii.	*Jan.* 28.
		Craſt. Purif.	*Feb.* 3
		Octab. Purif.	*Feb.* 10
Easter Term begins *April* 12 and ends, *May* 8 & hath 3 Returns, *viz.*		Quin Paſch	*Apr.* 10
		Treſ. Paſch	*Apr.* 17
		Menſ. Paſch	*Apr.* 24
		Quind. Paſch.	*May* 1
		Craſt. Aſcenſ.	*May* 5
Trin. Term begins *May* 26 and ends *June* 14, and hath 4 Returns, *viz.*		Craſt. Trin.	*May* 22
		Octab. Trin.	*May* 29
		Quind. Tri.	*June* 5
		Treſ. Trin.	*June* 12
Michaelmas Term begins *Octob.* 23 and ends *Nov.* 29 and hath 6 Returns, *viz.*		Treſ. Mich.	*Octob.* 20
		Menſ. Mich.	*Octob* 27
		Craſt. Anim.	*Nov.* 3
		Craſt *Mart.*	*Nov.* 12
		Octab. *Mart.*	*Nov.* 19
		Quind. *Mart.*	*Nov.* 25

The Judges ſit not at *Weſtminſter*.

In	Hillary	Term ends	Candlemas day.
	Easter		Aſcention day.
	Trinity		Midſummer day.
	Michaelmas		All-hollows day.

plain and easie Table shewing the true Intereſt due upon any ſum of money, from five ſhillings to an hundred pounds, for a year or under, after the rate of ſix pounds in the hundred.

Shillings.		1 Mon.			3 Mon.			6 Mon.			9 Mon.			A Year.		
	s.	s.	d.	q.	s.	d.	q.	s.	d.	q.	s.	d.	q.	s.	d.	q.
	5	0	0	0	0	0	3	0	1	3	0	1	2	0	3	2
	10	0	0	0	0	1	3	0	3	2	0	5	0	0	7	0
	15	0	0	0	0	2	2	0	5	1	0	8	2	0	10	2
	1	0	1	0	0	3	2	0	7	0	0	10	2	1	2	1
	2	0	2	1	0	7	0	1	2	1	1	9	1	2	4	2
	3	0	3	2	0	10	2	1	9	1	2	7	3	3	6	3
	4	0	4	3	1	2	1	3	4	2	3	6	3	4	9	0
	5	0	6	0	1	6	0	3	0	0	4	6	0	6	0	0
	6	0	7	0	1	9	2	3	7	0	5	4	2	7	3	1
	7	0	8	1	2	1	0	4	2	1	6	3	1	8	4	2
	8	0	9	2	2	4	2	4	9	1	7	3	1	9	6	3
	9	0	10	3	2	8	1	5	4	2	8	0	3	10	9	0
Tens of pounds.	l.	l.	s.	d.	l.	s.	d.	l.	s.	d.	l.	s.	d.	l.	s.	d.
	10	0	1	0	0	3	0	0	6	0	0	9	0	0	12	0
	20	0	2	0	0	6	0	0	12	0	0	18	0	1	4	0
	30	0	3	0	0	9	0	0	18	0	1	7	0	1	16	0
	40	0	4	0	0	12	0	1	4	0	1	16	0	2	8	0
	50	0	5	0	0	15	0	1	10	0	2	5	0	3	0	0
	60	0	6	0	0	18	0	1	16	0	2	14	0	3	12	0
	70	0	7	0	1	1	0	2	2	0	3	3	0	4	4	0
	80	0	8	0	1	4	0	2	8	0	3	12	0	4	16	0
	90	0	9	0	1	7	0	2	14	0	4	1	0	5	8	0
	100	0	10	0	1	10	0	3	0	0	4	10	0	6	0	0

THE

ANATOMY

Of the Body of Man, as the parts hereof are governed by the twelve Constellations of Stars in the *Zodiack*.

Or rather by the Moon, passing by the same

CONSTELLATIONS.

♈ Head and Face,

♉ Neck and throat

♋ Breast, stomack, and ribs,

♍ Boweis and belly

♏ Secret members

♑ Knees

♊ Arms and shoulders

♌ Heart and back

♎ Reins and loyns

♐ Thighs

♒ Legs

♓ the Feet

The Characters of the Planets, and their Aspects.

♄ Saturn. ♃ Jupiter. ♂ Mars. ☉ Sol. ♀ Venus. ☿ Mercury. ☽ Moon increasing. ☾ Moon decreasing. ☌ Conjunction. ☍ Opposition. □ Quartile. △ Trine. ⚹ Sextile. ☊ Caput Draconis. ☋ Cauda Draconis.

January hath xxxi. dayes.

New moon the 5 day, 36 m. past 4 in the morn.
First quarter the 12 day, 55 m. past 8 at night.
Full moon the 20 day, 58 m. past 6 at night.
Last quarter the 27 day, 6 m. after 6 at night.

1	a	New years day	thighs	8	23	58	Warm air		26
2	b	Octab. Steph.	thighs	8	0	4	0		27
3	c	Octab. John	knees	7	58	4	2		28
4	d	Octab. Innoc.	knees	7	57	4	3		29
5	e	Simeon	knees	7	56	4	4	westerly	
6	f	Twelfth day	legs	7	55	4	5		1
7	g	Julian	legs	7	54	4	6	wind and	2
8	a	Lucian	feet	7	53	4	7	variable	3
9	b	Agapite	feet	7	52	4	8	tempestuous	4
10	c	Sun in Aquar.	Head	7	50	4	10	w ad with	5
11	d	Atlas	and	7	49	4	11	snow or	6
12	e	Archard	face	7	48	4	12	rain	7
13	f	Hillary	nack	7	47	4	14		8
14	g	Weddings In.	throat	7	45	4	15	easterly	9
15	a	Maure	arms	7	44	4	16		10
16	b	Marcellus	and	7	42	4	18	wind with	11
17	c	Anthony	should	7	41	4	19	frost and snow	12
18	d	Piscs, Virg.	breasts	7	39	4	21		13
19	e	Martha, V.	stomac	7	38	4	22	sore tempe-	14
20	f	Sebastian	heart	7	36	4	24	rate	15
21	g	Agnes	back	7	34	4	26	some storms	16
22	a	Vincent	bowels	7	32	4	28	but gene-	17
23	b	Septuagesim.	belly	7	31	4	29		18
24	c	Term. begins	loyns	7	30	4	30	rally temp-	19
25	d	Conv. S. Paul.	reins	7	28	4	32		20
26	e	Polycarp	secrets	7	26	4	34	matter of	21
27	f	Julian	privy	7	25	4	35	cold	
28	g	Tarellinus	membr	7	23	4	37		23
29	a	Trinodate	thighs	7	21	4	39	snow or	24
30	b	K. Cha. I. Mar.	thighs	7	20	4	40	rain ends	25
31	c	Stat. & Vict.	knees	7	18	4	42	the month	26

New moon the 3 day, 37 m. after 6 at night.
First quarter 11 day, 47 m. past 4 in the afternoon.
Full moon the 19 day, 48 m. past 9 in the morn.
Last quarter the 26 day, near 1 in the morning.

M	D	C	Holy and Festival Dayes.	The signs	Sun rise.		Sun set.		Asp. & Change of weather.	C
	1	d	Bridget V.	knees	7	17	4	43	*Cold rain*	27
	2	e	Purification Ma.	le s	7	16	4	44	☐ ♄ ☾	28
	3	f	Blade	legs	7	14	4	46	*or snow*	
	4	g	Gilbert	feet	7	13	4	47	☌ ☉ ☿	
	5	a	Agatha	feet	7	11	4	49	☿ occident.	2
	6	b	Shrove Sund	head	7	10	4	50	☌ ☾ ♀	3
	7	c	Angule	and	7	8	4	52	*mi sling rain*	4
	8	d	Paul	face	7	6	4	54	*south wind*	5
	9	e	Apollonia	neck	7	4	4	56	☾ ☍ ☉	6
	10	f	Scholastic.	throat	7	2	4	58	☌ ♄ ☾	7
	11	g	Euchina	arms	6	59	5	1	*with snow*	8
	12	a	Term ends	and	6	58	5	2	*and whirle-*	9
	13	b	Wolfran	should	6	56	5	4	*winds.*	10
	14	c	Valentine	breast	6	55	5	5		11
	15	d	Faustine	stomac	6	54	5	6	☌ ☊ ☾	12
	16	e	Julian	heart	6	53	5	7	*Inconstant*	13
	17	f	Constance	and	6	51	5	9	☌ ☌ ☾	14
	18	g	Simeon	back	6	49	5	11	*westerly*	15
	19	a	Sabine	bowels	6	46	5	14	*wind, and*	16
	20	b	Mildred	belly	6	44	5	16	*very fickle*	17
	21	c	69 Martyrs	loyns	6	42	5	18	*and uncer-*	18
	22	d	Aphredos.	reins	6	40	5	20	*tain weather*	19
	23	e	Peters Chair.	memb.	6	38	5	22	☐ ♄ ☌	20
	24	f		memb.	6	35	5	25	*cold, sudden*	21
	25	f	S Matthias	memb	6	32	5	28	*showers with*	22
	26	g	John Bap.	thighs	6	30	5	30	*snow or*	☾
	27	a	Oswald.	knees	6	29	5	31	*rain*	23
	28	b		knees	6	27	5	33	☌ ☊ ☾	24
	29	c		legs	6	25	5	35	☐ ♃ ☿	25

March hath xxxi. dayes.

New moon the 4 day, 5 min. after 10 in the forenoon.
First quarter the 12 day, 40 min. after 12 at noon.
Full moon the 19 day, 7 min. past 7 at night.
Last quart. the 26 day, 48 min. past 6 in the morning.

1	d	David B.	legs	6	23	5	37	May be seen	26
2	e	Chad	feet	6	20	5	40	not part of	27
3	f	Lucius	feet	6	18	5	42	this month	28
4	g	Adrian	feet	6	16	5	44	nahe even-	●
5		Lætare	head	6	14	5	46	ings.	1
6	b	Vicorio	face	6	12	5	48	☌ ☿ ☾	2
7	c	Perpetua	neck	6	9	5	51	Grapes.	3
8	d	Felix	and	6	7	5	53	☌ ♄ ☾	4
9	e	Valerian	throat	6	5	5	55	*south east*	5
10	f	Agatha	arms	6	3	5	57	*wind*	6
11	g	Quirid.	should	6	0	6	0	*hoary frosts*	☽
12		Indica	breast	5	59	6	1	*and cold*	
13	b	Christian	stomac	5	57	6	3	*air, and*	9
14	c	Pet. M.	ribs	5	56	6	4	*moist*	10
15	d	Longinus	heart	5	54	6	6		11
16	e	Torianus	back	5	52	6	8		12
17	f	Patrick	loyns	5	50	6	10		13
18	g	Edward	reins	5	48	6	12	☌ ☉ ☿	●
19		Palm Sunday.	bowels	5	46	6	14	☌ ♄ ♀	
20	b	Cuthbert	belly	5	43	6	17	*cold rain*	16
21	c	Benedict.	secret	5	41	6	19	*and sudden*	17
22	d	Aphrodis.	memb.	5	40	6	20	*showers*	18
23	e	Maund Th.	thighs	5	39	6	21	*more temp-*	19
24	f	*Good Friday.*	thigh:	5	37	6	23	*rate in-*	20
25	g	Annun. Mary	knees	5	36	6	24	*clining to*	21
26		Easter day.	knees	5	34	6	26	☌ ♃ ☾	☾
27	b	Rupert	legs	5	32	6	28	*good spring*	23
28	c	Vitalis	legs	5	30	6	30	*weather*	24
29	d	Victoria	legs	5	28	6	32	☌ ♂ ☾ ☉	25
30	e	Quirinus	feet	5	26	6	34		26
31	f	Adelm	feet	5	24	6	36		27

April hath xxx. dayes.

New moon the 3 day, 9 m. after 2 in the morn.
First quarter the 11 day, at 5 in the morn.
Full moon the 18 day, at 3 in the morn.
Last quarter the 24 day, 38 m. past 6 at night.

1	g	Theodora	head	5	20	6	40	☽ Station	1
2		Low sunday	and	5	18	6	42	*Cloudy, dark,*	2
3	b	Richard	face	5	16	6	44	*and moist*	3
4	c	Ambrose	neck	5	14	6	46	☌ ♄ ☾	4
5	d	Martian	throat	5	12	6	48	☾ apog.	5
6	e	Sixtus	arms	5	10	6	50	*no alteration*	6
7	f	Euphremia	and	5	7	6	53	*of the air*	7
8	g	Egesippus	should	5	4	6	56	☾ ☍	8
9		Miserecord	breast	5	2	6	59	*for many*	9
10	b	Sun in Taur.	stomac	5	0	7	0	*dayes*	10
11	c	Leo P.	heart	4	58	7	1		11
12	d	Term begins	back	4	57	7	3		12
13	e	Carpus	bowels	4	55	7	5		13
14	f	Olife	and	4	53	7	7	☽ at greatest	14
15	g	Oswald	belly	4	51	7	9	dist. from ☉	15
16		Jubilate	loyns	4	49	7	11	*good spring*	16
17	b	Anicor	reins	4	47	7	13	*weather*	17
18	c	Eluterius	privy	4	44	7	16	*with some*	18
19	d	Alpheg.	membr	4	42	7	18	*sudden show-*	19
20	e	Victor	secret	4	40	7	20	*ers,*	20
21	f	Simeon	thighs	4	39	7	21		21
22	g	Sotor	knees	4	37	7	23	*very fair*	22
23		Cantate	knees	4	35	7	25	☌ ☿ ☾	23
24	b	Wilfride	legs	4	33	7	27	*and temperate*	24
25	c	S. Mark Evan.	legs	4	31	7	29	☌ ☉ ♄	25
26	d	Cleto	feet	4	29	7	31	□ ♃ ☿	26
27	e	Anastasius	feet	4	27	7	33	*wind.*	27
28	f	Vitalis	head	4	25	7	35	☌ ☌ ☾	28
29	g	Peter of M.	and	4	23	7	37	□ ☌ ♀	29
30		Rogat. fund.	face	4	21	7	39	*showry*	30

May hath xxxi. dayes

New moon the 2 day, 6 m. after 6 at night.
First Quarter the 10 day, 5 m. after 6 at night.
Full moon the 17 day, a quarter past 1 o before noon.
Last quarter the 24 day, at half an hour past 6 morn.

1	♉	S Phil. & Jac.	neck	4	22	7	38	♈ ☿ ☾	28
2	c	Athanasius.	throat	4	21	7	39	♂ ♄ ☾	
3	d	Inven. Cruc.	arms	4	20	7	40	*Thunder*	1
4	e	Ascension	and	4	19	7	41	*hoary*	2
5	f	Gothard	should	4	17	7	43	*frosts*	3
6	g	John Port. Lat.	breast	4	16	7	44	♂ ♀ ☾ *and*	4
7	♊	Exaudi	stomac	4	15	7	45	*cold air*	5
8	b	Term ends	heart	4	13	7	47	*cloudy*	6
9	c	Job	and	4	11	7	49	*and*	7
10	d	Sun in Gem.	back	4	10	7	50	*windy*	
11	e	Antony	bowel.	4	9	7	51	♂ ♄ ☿	9
12	f	Pancras	belly	4	7	7	53		10
13	g	Servasius	loyns	4	5	7	55		11
14	♋	Whitsunday.	reins	4	4	7	56	*more se-*	12
15	b	Isidore	secret	4	3	7	57	*rene and*	13
16	c	Peregrine	memb.	4	1	7	59	*fair*	14
17	d	Bernard	thighs	3	59	8	1		15
18	e	Dioscorus	thigh.	3	58	8	2		16
19	f	Dunstan	knees	3	57	8	3		17
20	g	Bernardine	knees	3	56	8	4	♂ ☿ ☾	18
21	♌	Trinity sund.	legs	3	55	8	5	*fair*	19
22	b	Julian.	legs	3	54	8	6	♂ ☉ ☿	20
23	c	Desiderius	feet	3	53	8	7	*hot, and*	21
24	d	Francis.	feet	3	52	8	8	*clear, with*	☾
25	e	Corpus Chri.	feet	3	52	8	8	*some thun-*	23
26	f	Term begins	head	3	52	8	8	*der or hail*	24
27	g	V. Bede	face	3	51	8	9	♂ ♂ ☾	25
28	♍	1 sun. af. Trin.	neck	3	51	8	9	□ ♃ ☿	26
29	b	Coronis	and	3	51	8	9	*heat and*	27
30	c	Felix	throat	3	51	8	9	*thunder.*	28
31	d	Petronil	arms	3	51	8	9		29

June hath xxx dayes.

New moon the 1 day, a quarter after 9 in the morn.
First quarter the 9 day, 34 min. after 5 in the morn.
Full moon the 15 day, 24 min. after 5 at night.
Last quarter the 22 day, 42 min. after 8 at night.
New moon the 30 day, a quarter past 11 at night

1	ε	Nichomede	should	3	50	8	10	
2	f	Marc. & P.	breast	3	49	8	11	Cloudy and
3	g	Erasmus.	and	3	49	8	11	dar air
4	a	1 Sun. af. Trin	stomac	3	49	8	11	
5	b	Boniface.	heart	3	48	8	12	☌ ☾
6	c	Claudius	back	3	48	8	12	
7	d	Robert	belly	3	48	8	12	
8	e	Medardus	bowel	3	47	8	13	
9		Transf. Edw.	loins	3	47	8	13	
10	g	Transf. Ivo.	reins	3	47	8	13	☌ ☿ ♀
11	a	S. Barnabas.	secret	3	47	8	13	
12	b	Basilides	memb.	3	47	8	13	Venus may be
13	c	Claudius	thighs	3	47	8	13	seen in the
14	d	Term ends.	thighs	3	47	8	13	day time.
15	e	Modestus	knees	3	48	8	12	
16	f	Rowland	knees	3	48	8	12	☌ ♀ ☾
17	g	Botolph	legs	3	48	8	12	☐ ♄ ☾
18	a	2 Sun af. Trin.	legs	3	49	8	11	
19	b	Gervase	legs	3	49	8	11	vehement
20	c	Tr. Edward	feet	3	49	8	11	wind and
21	d	Walbridge.	feet	3	50	8	10	thunder.
22	e	S. Albon	head	3	50	8	10	☾
23	f	Etheldred Q.	face	3	51	8	9	
24	g	S. John Bap.	neck	3	51	8	9	☌ ☿ ☾
25	a	3 Sun af. Trin.	and	3	51	8	9	☌ ♄ ☾
26	b	John & Paul	throat	3	52	8	8	☐ ☿ ♀
27	c	7 Sleepers	arms	3	53	8	7	wind
28	d	Leo	should	3	54	8	6	☿ ♃ ☉
29	e	S. Pet. & Paul.	breast	3	55	8	5	fair and good
30	f	Com. Paul.	stomac	3	56	8	4	harvest weather

July hath xxxi. dayes.

First quarter the 8 day, 11 m. past 10 before noon.
Ful moon the 15 day, 20 m. past 1 in the morn.
Last quarter the 22 day half an hour after 12 noon.
New moon the 30 day, 35 m. after 12. at noon.

1	♃	Visit. Mary	breast	3	57	8	3	Excessive	1
2	♃	6 sun. Trin.	heart	3	57	8	3	hot	2
3	b	Martin	back	3	58	8	2	△ ♃ ♂	3
4	c	Trans. Mart.	bowels	3	59	8	1	overcast	4
5	d	Zoven	belly	4	00	8	0	☌ ♀ ☾	5
6	e	Hector	loyns	4	2	7	58		6
7	f	Tr. Thomas	and	4	3	7	57	□ ♂ ☿	7
8	g	Grimbal	reins	4	5	7	55	impetuous	☽
9	♃	7 sun. Trin.	secret	4	6	7	54	wind and	9
10	b	7 Brethren	memb	4	8	7	52	sudden	10
11	c	Penap.	thighs	4	9	7	51	showers	11
12	d	Sun in Leo	thighs	4	11	7	49		12
13	e	Privatus	knees	4	12	7	48	fair	13
14	f	Revet	knees	4	13	7	47	☌ ♄ ♂	14
15	g	Swithin	legs	4	14	7	46		●
16	♃	8 sun Trin.	legs	4	15	7	45		16
17	b	Botolph	feet	4	16	7	44	flying	17
18	c	Arlnph	feet	4	17	7	43	clouds and	18
19	d	Ruffin	head	4	18	7	42	sudden	19
20	e	Dog days beg	and	4	20	7	40	showers	20
21	f	Paxedos	face	4	21	7	39		21
22	g	Magdalen	nec	4	23	7	37	☌ ♄ ☾	☾
23	♃	9 sun Trin.	throat	4	25	7	35	☌ ♂ ☾	23
24	b	Christian	breast	4	27	7	33		24
25	c	S. James Apo	stomac	4	29	7	31	☌ ☉ ☿	25
26	d	Anna	ribs	4	30	7	30		26
27	e	7 Sleepers	arms	4	32	7	28	thunder	27
28	f	Sampson	should	4	34	7	26	showers	28
29	g	Felix ☉ ♄	heart	4	36	7	24	☌ ☿ ☾	29
30	♃	10 sun Trin.	back	4	37	7	23		●
31	h	German	belly	4	38	7	22		31

Auguſt hath xxxi. dayes

First quarter the 6 day, about 3 afternoon.
Full moon the 13 day, near 11 beforenoon.
Laſt quarter the 21 day, 16 m. paſt 6 in the morn.
New moon the 28 day, 28 m. paſt 9 at night.

1	c	Lammas day	bowels	4	35	7	21		
2	d	Stephen	belly	4	40	7	20	☌ ♀ ☾	
3	e	Stephen	loyns	4	43	7	17	*Cool air*	
4	f	Juſtine	reins	4	44	7	16	*and moiſt*	
5	g	Oſwald	ſecret	4	46	7	14	*weather*	
6	A	11 ſun. Tri.	membr	4	48	7	12		
7	b	Donatus	thighs	4	50	7	10	☌ ☍ ☾	
8	c	Cyracus	thighs	4	52	7	8	□ ☉ ♑	
9	d	Romane	knees	4	54	7	6		
10	e	Lawrence	knees	4	56	7	4	☌ ♅ ☾	
11	f	Clare	legs	4	58	7	2		
12	g	Sun in Virg.	legs	5	0	6	0		
13	B	12 ſun. Tri.	feet	5	1	6	59	*flying*	
14	b	Euſebius	feet	5	3	6	57	*clouds of*	
15	c	Aſſump. Mary	feet	5	5	6	55	*divers co-*	
16	d	Roche	head	5	8	6	54	*lours and*	
17	e	Mamance	face	5	8	6	52	*now and*	
18	f	Agapetus	neck	5	12	6	48	*then*	
19	g	Magnus	and	5	14	6	46	*ſhowers*	
20	C	13 ſun. Tri.	throat	5	16	6	44	☌ ♄ ☾	
21	d	Bernard	arms	5	18	6	42		
22	e	Zacheus	ſhould	5	20	5	40	□ ♃ ☿	
23	d	Fim & Apol	breaſt	5	21	6	39	*cold*	
24	e	S. Barthol.	ſtomac	5	24	6	36	☍ ☌ ♀	
25	f	Lewis	ribs	5	26	6	34	△ ☊ ♅	
26	g	Zepher	heart	5	28	6	32	*air in-*	
27	D	14 ſun. Tri.	back	5	30	6	30	*clining*	
28	b	Auguſtine	bowels	5	31	6	29	☌ ☿ ☾	
29	c	Dog days end	belly	5	33	6	27	☌ ☉ ☿	
30	d	Felix	loyns	5	35	6	25	*to froſt.*	
31	e	Paulinus	reins	5	37	6	23		

September hath xxx. dayes.

Fuſt quarter the 4 day, 3 quarters after 7 at night.
Full moon the 11 day, at half an hour paſt 10 at night.
Laſt quarter the 20 day, 24 m. before 1 in the morn.
New moon the 27 day, at a quarter paſt 11 before noon.

1	f	Giles	ſecret	5	37	6	23	*Fair and*	
2	g	Antonius	memb.	5	40	6	20	*good wea-*	5
3	a	15 Sun. Trin	thighs	5	42	6	18	*ther begins*	6
4	b	Cuthbert	thighs	5	44	6	16	*the moneth*	
5	c	Martin	knees	5	47	6	13	♂ ♃ ☾	8
6	d	Eugenius	knees	5	49	6	11	♂ ☉ ☿	9
7	e	Emerch	knees	5	50	6	10	*flying clouds*	10
8	f	Nat Mary	legs	5	51	6	9	□ ♂ ♀	11
9	g	Gorgon	legs	5	53	6	7	*ſtarre*	12
10	a	16 Sun. Trin.	feet	5	55	6	5	*windes and*	13
11	b	Prothus	feet	5	58	6	2	□ ☉ ♂	
12	c	*Sun in Libra.*	head	6	0	6	0	*ſudden ſhowers*	15
13	d	Maurice	face	6	2	5	58	*weſterly*	16
14	e	Holy Croſs	neck	6	4	5	56	*wind drying*	17
15	f	Nichomedis	arm	6	6	5	54	*the earth*	18
16	g	Edith	throat	6	8	5	52	♂ ♄ ☾	19
17	a	17 Sun. Trin.	arms	6	10	5	50	□ ♃ ♀	20
18	b	Corona	ſhould	6	12	5	48		21
19	c	Januarius	breaſt	6	14	5	46	♂ ♂ ☾	22
20	d	Euſtace	ſtomac	6	16	5	44		
21	e	*S. Matthew*	ribs	6	20	5	40	*moiſt wea-*	24
22	f	Maurice,	heart	6	22	5	38	*ther but*	25
23	g	Tecla	back	6	24	5	36	*warm*	26
24	a	18 Sun. Trin.	bowels	6	26	5	34	♂ ♀ ☾	27
25	b	Firmine	belly	6	28	5	32		28
26	c	Ciprian	loins	6	30	5	30	□ ☉ ♃	29
27	d	Cof. & Dam.	and	6	32	5	28		
28	e	Exuperius	reins	6	34	5	26	*ſtorms of*	1
29	f	*S. Mich. Arch.*	ſecret	6	36	5	24	*haile and*	2
30	g	Hieron.	membr.	6	38	5	22	*wind.*	3

October hath xxxi. dayes.

First quarter the 4 day, a quarter after 2 in the morn.
Full moon the 11 day, 37 m. past 2 afternoon
Last quarter the 19 day, 3 quarters after 6 at night.
New moon the 26 day, 37 m. after 9 at night.

1	♃	19 sun. Trin.	thighs	6	36	5	24	*Sudden*	4
2	♄	Tho. Herif.	thighs	6	38	5	22	*showers*	5
3	♂	Candidus	knees	6	40	5	20	△ ♂ ☊	6
4	♀	Francis	knees	6	42	5	18	☌ ♃ ☾	7
5	☿	Apollinarius	legs	6	44	5	16	*and great*	8
6	☽	Faith Virg.	legs	6	46	5	14	*winds.*	9
7	☉	Marcellus	feet	6	48	5	12	*more mild*	10
8	♃	20 sun. Trin.	feet	6	50	5	10	*and temp-*	11
9	♄	Dionisius	head	6	52	5	8	*rate*	12
10	♂	Gereon	and	6	54	5	6	△ ♃ ♀	13
11	♀	Nicasius	face	6	56	5	4	*fair and*	14
12	☿	Wilfride	neck	6	58	5	2	*pleasant*	15
13	☽	Sun in Scorp.	throat	7	0	5	0	☌ ♄ ☾	16
14	☉	Calixtus	arms	7	2	4	58	☍ ♄ ☿	17
15	♃	21 sun Trin.	and	7	4	4	56	*hoary frosts*	18
16	♄	Mich in Mon	should	7	6	4	54	*and cold*	19
17	♂	Etheldred.	breast	7	8	4	52	☌ ♂ ☾	20
18	♀	S. Luke Evan.	stomac	7	10	4	50	*aire.*	21
19	☿	Ptolomy	heart	7	12	4	48		22
20	☽	Anstrebart	and	7	14	4	46	*flying*	23
21	☉	Ursula, Virg.	back	7	15	4	45	*clouds*	24
22	♃	22 sun. Trin.	bowels	7	17	4	43	*pringing*	25
23	♄	Term begins	belly	7	19	4	41	☌ ♀ ☾	26
24	♂	Maglortus.	loyns	7	20	4	43	*rain*	27
25	♀	Crispine	reins	7	22	4	38	*variable*	28
26	☿	Evaristus	secret	7	24	4	36	*and in-*	29
27	☽	Florence	memb	7	26	4	24	*constant*	1
28	☉	S. Sim. & Jude	thighs	7	28	4	2	△ ♂ ☉	2
29	♃	22 sun. Trin.	thighs	7	30	4	20	☌ ♀ ☾	3
30	♄	German	knees	7	32	4	28	*dry westerly*	4
31	♂	Quintin.	knees	7	33	4	27	*wind.*	5

First quarter the 2 day, a little before 12 at noon.
Full moon the 10 day, 3 quart. after 8 in the morn.
Last quarter the 18 day, at 12 at noon.
New moon the 25 day, 5. m after 7 in the morn.

1	D	All Saints.	legs	7	34	4	26	Cold rain	6
2	e	All Souls	legs	7	36	4	24	or snow.	
3	f	VVinifrid	feet	7	38	4	22		8
4	g	Amantius	feet	7	39	4	21	♂ ☉ ♄	9
5	A	Powder Treas.	feet	7	40	4	20	easterly	10
6	b	Leonard	head	7	41	4	19	wind.	11
7	c	VVolfrid	face	7	43	4	17		12
8	d	4 Crownd Br.	neck	7	45	4	15		13
9	e	Theodore	throat	7	46	4	14		14
10	f		arms	7	48	4	12	hoary frost	15
11	g	Martin	and	7	49	4	11	cold air	
12	A	Paternus	should	7	50	4	10		17
13	b	Sun in Sagit	breast	7	51	4	9	☌ ☉ ☿	18
14	c		stomac	7	53	4	7	□ ☌ ♀	19
15	d	Machute	heart	7	55	4	5	☌ ☌ ☾	20
16	e	S Edmond de.	and	7	56	4	4	great store	21
17	f	Qu, Elizabeth	back	7	57	4	3	of smal	22
18	g	Gelasius	bowels	7	58	4	2	rain about	23
19	A	26 sun Trin.	belly	7	59	4	1	this time	
20	b	Edmond	privy	8	0	4	0	□ ♅ ♀	25
21	c	Mary	memb	8	1	3	59	fair and	26
22	d	Cicely	loyns	8	2	3	58	pleasant	27
23	e	Clement	reigns	8	3	3	57	☌ ☌ ☾	28
24	f	Chrysogon	hips	8	4	3	56	southerly	29
25	g	Katherine.	thighs	8	5	3	55	wind	30
26	A	27 sun Trin.	knees	8	6	3	54	☉ Eclipsed	
27	b	Agricola	knees	8	7	3	53	bringing	1
28	c	Term ends	legs	8	7	3	53	☌ ♅ ☾	2
29	d	Saturnine	legs	8	8	3	5	snow or	3
30	e	S. Andrew Ap.	legs	8	9	3	51	frost.	4

December hath xxxi. dayes.

Finſt quarter the 2 day, about 2 in the morning.
Full moon the 10 day, a little after 4 in the morn.
Laſt quarter the 18 day, 3 m. after 3 in the morn.
New moon the 24 day, 13 m. paſt 6 at night.
Finſt quarter the laſt day, about 7 at night.

1	f	Longinus	feet	8	10	3	50	*Froſt and*	5
2	g	Libanus	feet	8	11	3	49	*cold wea-*	
3		Advent. fund	head	8	12	3	48	*the begins*	7
4	b	Barbara	face	8	12	3	48	*the moniſh.*	8
5	c	Sabba	neck	8	13	3	47	♈ ♃ ☽	9
9	d	Nicholas	and	8	13	3	47	♂ ♄ ☾	10
7	e	Agathon	throat	8	13	3	47	*more milde*	11
8	f	Concep. Mary	arms	8	13	3	47	*and tem-*	12
9	g	Ciprian	ſhould	8	13	3	47	*perate*	13
10		2 Sun Advent	breaſt	8	13	3	47	♂ ♂ ☾	
11	b	Sun in Canc.	ſtomac	8	13	3	47	*variable and*	15
12	c	Shorteſt day.	heart	8	13	3	47	*the weſt*	16
13	d	Lucia	back	8	13	3	47	*wind blowes*	17
14	e	Nicaſius	bowels	8	13	3	47	♂ ♄ ♀	18
15	f	Valery	and	8	13	3	47	♂ ☉ ♂	19
16	g	Othilia	belly	8	13	3	47	*great wind*	20
17		3 Sund. Adven	loins	8	12	3	48	*and rain*	21
18	b	Chriſtopher	reins	8	11	3	49		
19	c	Wenceſla	ſecret	8	10	3	50	*ſnow*	23
20	d	Julius	memb	8	9	3	51	*whirlewind*	24
21	e	S Thom. Apo	thighs	8	8	3	52	♂ ♀ ☾	25
22	f	Theodoſius	thigh	8	7	3	53	♂ ♀ ☾	26
23	g	Victoria V.	knees	8	6	3	54		27
24		Adam & Eve	knees	8	5	3	55	♂ ♂ ☿	28
25	b	Chriſt born	legs	8	5	3	55	♂ ♃ ☾	29
26	c	S. Stephen	legs	8	4	3	56	*ſnow, rain*	30
27	d	S. John	feet	8	4	3	56	*and*	31
28	e	H. Innocents	feet	8	3	3	57	*ſlabby*	1
29	f	Tho. Becket	head	8	3	3	57	*weather*	2
30	g	David	and	8	2	3	58	*ends the*	3
31		Silveſter	face	8	2	3	58	*year.*	4

Fly, 1676.

A Prognostication for the Year of Our Lord God, 1676.

Wherein we have a Tide-Table, the time of the Eclipses for this Year, with divers observations for Physick, Husbandry, and Gardening; and also for the making of all sorts of Bonds, Bils, Acquittances, VVills, and Indentures.

With a Description of the High-ways and Fairs througout England.

CALCULATED

For the Meridian of *Kings-Lyn*, where the North Pole is elevated 52 degrees, 43 Minuts above the Horizon, and may indifferently serve any other place within the Realm of England.

LONDON,
Printed by *A. Parsons*, for the Company of Stationers. 1676.

By the help of two following Tables, you may readily find the time of full Sea, or High-water at any of the Havens under-named, without any notable errour: Except the Moons latitude, Land-floods, contrary Winds, &c. somewhat alter the time: The first sheweth the names of certain Havens, the point of the Compass whereunto the Moon coming, maketh High-water.

1. First, Quinborough, Southampton, Portsmouth, Ile of Wight, Spits, Kentish Knocks.
2. Rochester, Malden, Aberdeen, Redban, the West end of the Nowre.
3. Gravesend, Downs, Rumney, Tenet, Silly half tide, Blackness.
4. Dundee, St. Andrews, Lisbon, St. Lucas, Bell-Isle, Holy-Isle.
5. London, Tinmouth, Hartlepool, Whitebay, Amsterdam, Brittain, Galizia.
6. Barwick, Flamborough-head, Bridlington-Bay, Burdeaux.
7. Scarborough quarter-tide, Lawreness, Severn, Cork-Haven, Dungarvan.
8. Newcastle, Humber, Falmouth, Salley, Dartmouth, Torbay, St. Mallows.
9. Plimouth, Waymouth, Hull, Kings Lyn, David's-head, Antwerp.
10. Bristol, Foulness, at the Start.
11. Milford, Bridgwater, Lands-end, Waterford, Abermoriek.
12. Portland, Peter-port, Marflew, Magus, St. Magnes, Sound, Dublin, Lambay.
13. Pool, St. Helen, Catnes, Orkney, Fair-Isles, Kilden.
14. Needles, Laske, North and South Forelands.
15. Yarmouth, Dover, Marwich, S. John Deluce, Calice-road.
16. Rye, Winchelsey, Gersand, Thames, Rhedes.

This

This following Table shews the Hour and Minute of Full-Sea, or High-Water, in any of the places before-mentioned.

Moon Age.	1 H. M.	2 H. M.	3 H. M.	4 H. M.	5 H. M.	6 H. M.	7 H. M.	8 H. M.
116	12 48	1 33	2 18	3 3	3 48	4 33	5 18	6 3
217	1 36	2 21	3 6	3 51	4 36	5 21	6 6	6 51
318	2 24	3 9	3 54	4 39	5 24	6 9	6 54	7 39
419	3 12	3 57	4 42	5 27	6 12	6 57	7 42	8 27
520	4 0	4 45	5 30	6 15	7 0	7 45	8 30	9 15
621	4 48	5 33	6 18	7 3	7 48	8 33	9 18	10 3
722	5 36	6 21	7 6	7 51	8 36	9 21	10 6	10 51
823	6 24	7 9	7 54	8 39	9 24	10 9	10 54	11 39
924	7 12	7 57	8 42	9 27	10 11	10 57	11 42	12 27
1025	8 0	8 45	9 30	10 15	11 0	11 45	12 30	1 15
1126	8 48	9 33	10 18	11 3	11 48	12 33	1 18	2 3
1227	9 36	10 21	11 6	11 51	12 36	1 21	2 6	2 51
1328	10 24	11 9	11 54	12 39	1 24	2 9	2 54	3 39
1429	11 12	11 57	12 42	1 27	2 12	2 57	3 42	4 27
1530	12 0	12 45	1 30	2 15	3 0	3 45	4 30	5 15

Moon Age.	9 H. M.	10 H. M.	11 H. M.	12 H. M.	13 H. M.	14 H. M.	15 H. M.	16 H. M.
116	6 48	7 33	8 18	9 3	9 48	10 33	11 19	12 3
217	7 36	8 21	9 6	9 51	10 36	11 21	12 6	12 51
318	8 24	9 9	9 54	10 39	11 24	12 9	12 54	1 39
419	9 12	9 57	10 42	11 27	12 12	12 57	1 42	2 27
520	10 0	10 45	11 30	12 15	1 0	1 55	2 30	3 15
621	10 48	11 33	12 18	1 3	1 48	2 33	3 18	4 3
722	11 36	12 21	1 6	1 51	2 36	3 21	4 6	4 51
823	12 24	1 9	1 54	2 35	3 24	4 9	4 54	5 39
924	1 12	1 57	2 42	3 27	4 12	4 57	5 42	6 27
1025	2 0	2 45	3 30	4 15	5 0	5 45	6 30	7 15
1126	2 48	3 33	4 18	5 3	5 48	6 33	7 18	8 3
1227	3 36	4 21	5 6	5 51	6 36	7 21	8 6	8 51
1328	4 24	5 9	5 54	6 39	7 24	8 9	8 54	9 39
1429	5 12	5 57	6 42	7 27	8 12	9 57	9 42	13 27
1530	6 0	6 45	7 30	8 15	9 0	10 45	10 30	10 15

Of the Eclipſes this Year; 1676.

TWo Eclipſes only will appear to the Inhabitants of this Terreſtrial Ball (the Earth) this year, and both of them will be of the Sun.

The firſt of theſe Eclipſes will happen upon Thurſday, the firſt day of *Iune*, about eight of the Clock in the Forenoon.

The begining of this Eclipſe will be at 10 *min.* after 7 of the Clock in the morning.

The Middle, (or greateſt obſcuration, for very neer half the Suns body will be darkned) will be at 28 *min.* after 8 of the Clock.

The End will be at 44 *min.* or three quarters of an hour after 9 of the Clock.

The ſecond Eclipſe of the Sun will happen upon Saturday the 25*th.* of *November*. This Eclipſe begins before the Sun Riſing, ſo that the Sun riſes Eclipſed.

The middle of the Eclipſe will be at 6 min. before 8 of the clock in the morning.

Thus much for the Eclipſes.

Beſides theſe Eclipſes there will be a notable Conjunction, upon the 15*th.* of *July*, on which day, a little after midnight, in the Eaſt part of the Heavens, you may ſee the Planets *Saturn* and *Mars* in Conjunction with the ſeven ſtars, a notable remarque.

Of the four Quarters of the year.

Spring begins March 9 day, 41 m. paſt 3 afternoon.
Summer begins June 11. at 5 in the morning.
Autumn begins September 11. 28 m. before 10 in the morning.
Winter begins December 11, 12 m. after 2 in the morning.

Rules concerning Husbandry.

WHen you would Plant or Graft, conſider where the wind bloweth, if it be in the South it is very good for that purpoſe, but if it be North or Eaſt it is not good.

It is good to plant or graft generally the Moon entring in theſe ſigns, Taurus or Aquarius, in the beginning, the middle, or latter end of March.

Plant trees for continuance, when the Moon is in Taurus, Leo, or Aquarius.

Cut timber to have it sound in December or January, in the wane of the Moon in Aquarius or Pisces.

Prune trees and pull off the moss in the moneth of Febr.

Plash hedges, and Lop trees for Fewel, that the heads may the sooner grow again, when the Moon is in Aries or Libra, and in her increase.

Set young Quicksets from September to March.

Remove young Trees in the last quarter of the Moon, when she is in Aries, Libra, Scorpio; and in these Moneths, September, November, February.

Set Vines in February, March or September, especially the Moon in Aries, Libra, Scorpio, in her increase.

Rose trees in the midst of February, the Moon increasing.

Cut or prune trees in March or April, the Moon in Taurus, Virgo or Capricorn.

Gather fruit, as Apples, Pears, and the like, at the full Moon in afternoon, the weather being fair and dry.

Cut down May presently after the full of the Moon.

Hoing ground to prevent growing of weeds, Moon decreasing.

Sow Carret-seeds about the end of February, or the beginning of March, the Moon increasing. Also sow Onions, and set in February or March, at the wane of the Moon.

Sow Cucumbers and Millions in February or March, or June, in a hot and fair day.

Sow Parsley, Fennel, and Anniseed, in February or March, at the full of the Moon.

Sow Margerum, Violets, Time, Rosemary, and Lavender, in February, March, or April, in the increase of the Moon.

Sow Gilliflowers and Wall-flowers in March or April, in the old of the Moon.

Sow Hyssop and Savory in March, when the Moon is old.

Sow double Marigolds in February or March, in the increase of the Moon.

Shear Sheep at the increase of the Moon.

The best time to Geld cattel the Moon being in Aries, Taurus or Capricorn.

Of Blood-letting, and some other Physical Observations.

In Youth let blood from the change to the first quarter, in middle-age, from the first quarter to the full. In elder years, from the full to the last quarter. In old age, from the last quarter to the change. But know, that under the age of 14, and above the age of 56, it is not good to bleed at all.

Again, in the Canicular or Dog-daies, it is very hurtful to take any Physick at all, unless there be great need; and indeed necessity hath no law: Wherefore in such a case, the disease being desperate, the cure must be adventured.

Take a purgation when the Moon is in Trine or Sextile aspect with Venus, decreasing in any of these three Signs, Cancer, Scorpio, or Pisces, and it will be sure to work the better, because when a moyst Planet, in a moyst Sign hath such an aspect, the humours in the body are then stirred up and down, and so the better purged out; wherefore in this case, it cannot be amiss to prepare the humours by something that is laxative: and let this be done whilst the Moon is either in Gemini, Libra, or Aquarius.

Take a vomit that it may work throughly when the Moon is in Aries, Taurus, or Capricorn: and know that the aspects of the Moon with Saturn, or Mars, or the Moon in Leo, ought to be observed in the taking of Medicines.

Finally, if necessity urge no haste, these observations are expedient: for it is a plain truth, that the change of weather upon differing aspects, doth greatly change and alter mens bodies.

Bills and Obligations, One to One.

KNow all men by these presents, that I John Ashles of Gaywood in the County of Norf. Yeoman, do ow and am indebted unto John Anoaks of Giton in the County aboveſaid, Gentleman, the ſum of One and twenty pounds of good and lawful money of England, to be paid to the aboveſaid John Anoaks, his Heirs, Executors, Adminiſtrators, or Aſsigns, in and upon the firſt day of May next enſuing the date hereof, at or in the now dwelling houſe of the aboveſaid John Anoaks, for the which payment well and truly to be made, I bind my Heirs, Executors, and Adminiſtrators, in the ſum of Forty two pounds of like moneys of England, firmly by theſe preſents: In witneſs whereof I have hereunto ſet my hand and Seal, the firſt day of June, One thouſand ſix hundred ſixty and three.

Sealed and delivered
in the preſence of

A Bill Obligatory, Two bound for One.

BE it known unto all men by theſe preſents, that We John Fly of Kings Lyn, in the County of Norf. Taylor, and Tho. Hum of Chlen in the County of Suff. Gent. owe, and are indebted unto John White of Kings Lyn Button-maker, the ſum of one hundred pounds of lawful Engliſh money, to be paid to the aboveſaid John White, his Heirs, Executors, Adminiſtrators, or Aſsigns, in and upon the firſt day of July next after the date hereof, at or in the Cuſtom-houſe porch in Kings Lyn, for the which payment we bind us, and either of us, the Heirs, Executors, and Adminiſtrators of us, and either of us, in the ſum of Two hundred pounds of like Engliſh money firmly by theſe preſents. In witneſs whereof we have hereunto put our hands and Seals, July the firſt 166[illegible]

Sealed and delivered
in the preſence of

An Obligation with a Condition

NOverint universi per presentes nos Edw. Knot *de* Middleton *in Comitat.* Norf. *yeoman, teneri & firmiter Obligari* Willielm. Wild *de* Bilny *in Comitat. predicto virigt' in Decem libris bonæ & legalis Monetæ Angliæ solvend. eidem* Williel. Wild, *aut suo certo Attornato, Executoribus, Administratoribus vel Assignatis suis ad quam quidem solutionem bene & fideliter faciend. Obligo me Heredes, Executores & Administratores meos firmiter per presentes. Sigillo meo sigillat. Dat. sexto die* Octobris *Anno Regni Regis* Caroli *secundi Duodecimo, Annoq; Domini* 1662.

THe condition of this Obligation is such, That if the above bound Edward Knot, his Heirs, Executors, Administrators, or Assigns, shall pay, or cause to be paid to the abovesaid William Wild his Heirs, Executors, Administrators, or Assigns, the sum of Five pounds of good and lawful money of England, in and upon the second day of August next ensuing the date hereof, at, or in the dwelling house of the abovesaid Edward Knot in Middleton; That then this present Obligation shall be void and of no effect, or else to remain in full power, force, and vertue.

Sealed and delivered
in the presence of

A short Bill.

I John Rose owe unto Edward Pitling the sum of Ten pounds of English money, for the payment whereof I bind me, or my Heirs. In witness whereof I have hereunto put my hand and Seal, May the second, 1662.

Sealed and delivered
in the presence of

Or thus intended, containing Dates and places of Payment, with a Penalty.

THis Bill being indented and made the Eight day of July, in the year of our Lord One thousand six hundred and fifty one, between Robert Jackson of Cambridge on the one party Bookseller, and Isaac Jenkin of York, on the other part Yeoman, witnesseth, that the said Robert Jackson owes unto the said Isaac Jenkin the sum of Twenty pounds of lawful money of England, to be paid to the said Isaac Jenkin, his Heirs, Executors, Administrators, or Assigns, in the South-porch of the Parish Church of St. Margarets in Kings Lyn in Norfolk in manner and form following: That is to say, upon the first day of March next ensuing the date hereof, the sum of five pounds thereof, and upon the second day of August next following the date hereof the sum of five pounds thereof, and upon the first day of October next ensuing the date hereof the sum of five pounds thereof, and upon the sixth day of December next ensuing the date hereof the sum of five pounds residue thereof; for the which payment well & truly to be made in manner aforesaid he the said Robert Jackson doth by these presents bind himself, his Heirs, Excecutors, and Administrators and every of them firmly by these presents in the sum of Forty pounds of like lawful money of England, to be forfeited and paid to the said Isaac Jenkin, his Heirs, Executors, Administrators, or Assigns. In witness whereof the said parties have interchangeably set to their Hands and Seals the day and year first above written.

Sealed and delivered in the presence of

A Bill without a Penalty.

BE it known unto all men by these presents; that Richard Simson of Kings Lyn in the County of Norfolk Gent. do ow unto Roger Brame of Risin in the same County Yeoman, the sum of one hundred pounds of lawful money of England, to be paid to the said Roger Brame, his Heirs, Executors, Administrators, or Assigns, upon the first day of May next

next ensuing the date hereof; at or in the now dwelling house of the aforesaid Roger Brame of Risin; for the which payment well and truly to be made I bind me; my Heirs, Executors and Administrators firmly by these presents. In witness whereof I have hereunto put my Hand and Seal the first day of August, 1663.

Sealed and delivered
in the presence of

An Acquittance.

BE it known unto all men by these presents, That I Roger Bramble have received of William Bramble the sum of One hundred pounds of lawful money of England in full discharge of all Debts, Reckonings, Accounts, and Demands, whatsoever from the beginning of the World to this day, being March the first, One thousand six hundred sixty two. In witness whereof I have hereunto put my hand and Seal the day and year above written.

Sealed and delivered
in the presence of

A General Release.

BE it known unto all men by these presents, That I Roger Rose of Horstead in the County of Norf. Gentleman, have remised, released, and quit claimed, and by these presents do for me, my Heirs, Executors, Administrators, or Assigns remise, release, and forever quit claime, unto Edward Bromley, his Heirs, Executors, Administrators, and Assigns, all and all manner of Actions, Suits, Causes, and Accounts, Debts, Duties, Reckonings, sum and sums of Money, Controversies, Judgments, Executions, and Demands whatsoever, which I the said Roger Rose ever had, or which my Heirs, Executors, Administrators, and Assigns, or any of us in time to come, can, or may have, to, for, or against the said Edward Bromley, his Executors, Administrators, or Assigns, for, or by reason of any matter, cause, or thing whatsoever, from the beginning of the world to the day of the date hereof.

In

In witness whereof I have hereunto put my hand and Sea the second day of May 1662.

Sealed and delivered in, &c.

A short Acquittance.

Received of John Sprat the sum of five pound in full discharge of all Debts due to this day being May the twenty, one thousand six hundred sixty and one. In witness whereof I have hereunto put my Hand, the day and year above-written. } l. s. d. 5 0 0

Per me Iohn Nun.

A Letter of Attorney to receive a Debt.

KNow all men by these presents, that I John Rose of Norstead in the County of Norfolk, Gent. have Assigned, Ordained, and made, and in my stead and place by these presents put and constituted my trusty and well beloved friend, Thomas Rose of Halstead in the County of Suffolk, Gent. to be my true and lawful Attorney, for me, and in my name, and to my use, to take, ask, sue for, levy, require, recover, and receive of George Brame of Halstead in the County of Suffolk Gent. all and every such Debts and sums of money, which are now due unto me by any manner of waies or means whatsoever. Giving and granting unto my said Attorney my whole power and strength, and authority in and about the Premisses; and upon the receipt of any such Debts, or sums of Money aforesaid, Acquittances, or other discharge for me and in my name, to make, seal, and deliver, and all and every such act and acts, thing and things, devise and devices whatsoever in Law, for the recovery of all, or any suits, debts, or sums of money as aforesaid, for me and in my name, to do execute, and perform, as fully, largely, in every respect, to all intents, constructions, and purposes, as if I my self might or could do if I were there in my own person present: Ratifying, allowing, and holding firm and stable, all and whatsoever my said Attorney shall lawfully do, or cause to be done, in, or about the execution of the Premisses, by vertue of these presents. In witness, &c.

A

A Copy of a Will.

IN the Name of God, *Amen*, the first day of *July*, 1663. according to the Computation of the Church of England. *I Edward Nonſuch* of *Kings-Lynne* in the County of *Norfolk* Gent. being of perfect Memory & Remembrance, praised be God, do make and ordain this my last Will and Teſtament, in manner and form following, *viz.*

First, I bequeath my Soul into the hands of Almighty GOD my Maker, hoping that through the Meritorious Death and Paſsion of Jeſus Chriſt my only Saviour and Redeemer to receive free pardon and forgiveneſs of all my Sins; and as for my body to be buried in Chriſtian burial at the diſcretion of my Executrix hereafter nominated.

Item, I give unto my Son Edward Nonſuch, the ſumme of Five hundred pounds. Item, I give unto my Daughter Short —— the ſumme of Five hundred pounds. Item, I give unto my daughter Julian the ſum of Five hundred pounds.

Item, all the reſt of my Houſes, Leaſes, Lands, Tenements, and Goods whatſoever, I give unto Suſan my Wife for term of her Life, and then to my Sonne Edward and his Heirs for ever, upon Condition that ſhe ſhall pay all my Debts and Legacies, and make her ſole Executrix of this my laſt Will and Teſtament, revoking all other Wills and Teſtaments.

In witneſs whereof I have hereunto ſet my hand and ſeal the day and year firſt above written.

A

A Letter of Attorney general to receive Debts and Rents.

KNow all men by these presents, that I John Rose of Wilton, in the County of Kent Yeoman, have Assigned Ordained, and made, and in my stead and place, put and constituted my trusty and welbeloved friend Francis Rose of St. Johns in Yorkshire, Yeoman, to be my true and lawful Attorney for me, and in my name, and to my use, to aske, sue for, levy, require, recover and receive of all and every person and persons whatsoever, all and every such Debts, Rents, and summes of Money as are now due unto me, or which at any day or daies, time or times hereafter shall be due, owing, belonging, or appertaining unto me by any manner of waies, or means whatsoever: Giving and granting unto my said Attorney by the Tenor of these presents, my full and whole power, strength, and authority, in and about the Premisses, and upon the receipt of any such Debts, Rents, and summes of Money aforesaid, to give Acquittances or other Discharge, for me, and in my name, to make, seal, and deliver, and all and every other act and acts, thing or things, device and devices in the Law whatsoever, needful and necessary to be done in or about the premisses, for the recovery of any such Debts, Rents or sums of Money as aforesaid, for me and in my name, to do, execute, and perform, as fully, largely, and amply in every respect, to all intents, constructions, and purposes, as I my self might, or could do if I were personally present; Ratifying, allowing, and holding firm and stable, whatsoever my said Attorney shall lawfully do, or cause to be done, in or about the execution of the same, by vertue of these presents. In witness whereof, I have hereunto put my Hand and Seal, July 20. 1663.

An Indenture for an Apprentice bound out by a Parish.

THis Indenture made the second day of *June*, one thousand six hundred sixty and two, according to the computation of the Church of *England*, &c. witnesseth that the Church-ward ens and Overseers of the poor of the Parish of St. *Margarets*, in *Kings Lyn* in the County of *Norf.* with the consent of *John Percival* Major, and *Francis Parlet* Recorder, Esq. two Justices of the Peace for the parish, according to the Statute in that case made and provided: Have placed and put forth *Joan Rose* an Apprentice with *John Rose* of *Kings Lyn* aforesaid, Waterman, for and till she be of the full age of one and twenty years, from the day of the date hereof: during all which term the said *John Rose* doth covenant to find unto the abovesaid *Joan Rose* his Apprentice, sufficient meat, drink, and apparel, washing, and lodging, sufficient for such Apprentice, and at the end of the said term, to give her two suits of Apparel, the one for Holy days, the other for working days: In witness whereof they have interchangeably set to their Hands and Seals the day and year above written.

Sealed and delivered
in the presence of

A Counter Bond to save one harmless.

Nouerint universi per presentes me, John Dō de Gaywood *in Comitat.* Norff. *Generosum, teneri & firmiter Obligari* Ricardo Wood *de* Swafam *in Comitat. predicto armigero in Centum libris bone & legales Moneta Anglia solvend. eidem* Ricardo Wood, *aut suo certo Attornato, Executoribus, Administratoribus, vel assignatis suis ad quam quidem solutionem bene & fideliter faciend. Obligo me Heredes, Executoris, & Administratoris, meum firmiter per presentes Sigillo meo sigillat. Dat. septimo die* Novembris, *Anno Regni Regis* Caroli *secundi Decimo nono, Annoq; Domini*, 1668.

THe condition of the Obligation is such, that whereas the above named Richard Wood, at the special instant and request, and for the proper debt of the above bound John Do, as by one Obligation of the date above written, is, and stand bound unto John Smith of Kings-Lyn, in the County of Norff. Gent. in the sum and penalty of one hundred pounds of good and lawful money of England, with the condition for the true paiment of fifty pound of good and lawful money of England, at, or in the now dwelling house of the said John Smith in Kings Lyn, in, and upon the seventh day of May next coming, after the date hereof, as by the said Obligation and Condition, more largely appeareth. If therefore the said John Do, his Heirs, Executors, Administrators, [illegible] or any of them, do, or shall truly

ly pay, or cause to be well and truly payed, to the above said Richard Wood, his Heirs, Executors, Administrators, or Assignes, the said sum of fifty pounds, of good and lawful money of England, at the place, and upon the day above mentioned, according to the condition of the said recited Obligation, and for the discharge, and making void the same Obligation without fraud, or other delay, that then this present Obligation shall be void, otherwise to remain in full strength, power, and vertue.

Bills of Exchange at Sight.

MR. Jo. Sacks, pay to the bearer hereof, Mr. W. More, or his assignes, the sum of ten pound at Sight, and this, with his receipt shall be your discharge for so much. Witness my hand, December the twelfth, 1668.

Edward Batten.

A Judgement.

MR. W. Slim, Mr. Jo. Slack, or Mr. Tho. Brayns, these are to desire you, or one of you, to appear for Mr. John Dun of Legit in Norff. Gent. in the Court of Common Pleas, at the Suit of John Sutton of Kings-Lyn, in the County of Norff. Gent. in an Action of debt, of one thousand pounds, and to accept the declaration, and there to plead, Non sum informatus, or by not gain-saying the same, to confess the said debt, with costs thereupon, in the rolles of this Term of Trinity in the said Court. And for which you, or any of you shall do in the Premisses this shall be your warrant. Given under my hand and seal the 24 day of June, 1668.

John Dun.

Sealed and delivered to the use of the said Attorneys, in the presence of,

Jo. Smith,
W. Wimbish.

A true and plain Description of the High-wayes throughout *England* and *Wales*.

From London to Cambridge 44 miles, thus accounted.

From London to Waltham 12 miles, to Ware 8 miles, to Puckrige 5 miles, to Barkway 7 miles, to Foulmire 6 miles, thence to Cambridge 9 miles.

From London to Oxford 47 miles.

From London to Uxbridge 15 miles, to Beconsfield 7 miles, to Wickham 5 miles, to Stoken-Church 5 miles, to Tetworth 5 miles, to Wheatly-bridge 5 miles, thence to Oxford 5 miles.

From Oxford to Coventry 44 miles.

From Oxford to Woodstock 6 miles, to Banbury 14 miles, to Northampton 10 miles, to Coventry 14 miles.

From Oxford to Cambridge 52 miles.

From Oxford to Bisciter 10 miles, to Buckingham 9 miles, to Newport 8 miles, to Bedford 7 miles, to Gamlinghay 8 miles, to Cambridge 9 miles.

From London to York 151 miles.

From London to Waltham 12 miles, to Ware 8 miles, to Barkan 12, to Huntington 15, to Stilton 9 miles, to Stamford 12 miles, to Grantham 16, to Newark 10, to Tuxford 10, to Doncaster 18, to Wentbridge 7, to Tadcaster 12, thence to York 8 miles.

From York to Barwick 108 miles.

From York to Topcliff 17 miles, to Northallerton 7 miles, to Darington 10 miles, to Durham 14, to Newcastle 12, to Morpit 12 miles, to Anwick 12 miles, to Belford 12 miles.

From Cambridge to York 114 miles.

From Cambridge to Huntington 12 miles, to Stilton 9, to Stamford 12, to Grantham 16, to Newark 10, to Tuxford 10, to Doncaster 18, to Wentbridge 7, to Tadcaster 12, then to York 8 miles.

From Oxford to York 118 miles.

From Oxford to Banbury 17 miles, to Weedon 10 miles, to Welford 14, to Leicester 12, to Mountsorrel 5, to Nottingham 11, to Mansfield 12, to Doncaster 20, thence to York 27 miles.

From Shrewsbury to York 103 miles.

From Shrewsbury to Price 12 miles, to Whitchurch 4 miles, to Beeston-wood 10, to Northwich 9 miles, to Manchester 16, to Rochdale 8, to Blackston-edge 6, to Hallifax 6, to Bradford 6, to Otely 6, to Weatherby 13, then to York 7 miles.

From Nottingham to York 59 miles.

From Nottingham to Mansfield 12 miles, to Doncaster 20, then to York 27.

From London to Norwich 95 miles.

From London to Barkway 32 miles, to Wichford-bridge 10 miles, to New-Market 12 miles, to Icklingham-sands 10 miles, to Thetford 6 miles, to Attleborough 10 miles, to Windham 10 miles, thence to Norwich 5 miles.

From London to Walsingham 86 miles.

From London to Ware 20 miles, to New Market 34 mil. to Brandon Ferry 10, to Dickham 10, thence to Walsingham 12 miles.

From London to Yarmouth 92 miles.

From London to Rumford 10 miles, to Brentwood 6, to Ingerston 5, to Chelmsford 5, to Kelvedon 10, to Colchester 8, to Ipswich 12, to Woodbridge 7, to Snapbridge 6, to Bildeer 8, to Laistaff 10, then to Yarmouth 6 miles.

From

From London to Lincoln 99 miles.

From London to Stilton 58 miles, to Gunworth Ferry 4 miles, to west-Deeping 5, to Bourn 5, to Sleeford 13, thence to Lincoln 14 miles.

Another way 106 miles.

From London to Stilton 58 miles, to Stamford 12, to Kinsield 12, to Ancaster 8, then to Lincoln 16 miles.

From London to Boston 94 miles.

From London to Stilton 58 miles, to Gunworth Ferrie 4, to West Deeping 5, to Bourn 5, then to Boston 22 miles.

From London to Nottingham 98 miles.

From London to Barnet 10 miles, to St. Albanes 10, to Dunstable 10, to Brickhil 7, to Stonystratford 7 miles, to Northampton 10, to Harborough 12, to Leicester 12, to Loughborough 8, then to Nottingham 8.

From Coventry to Chester 68 miles.

From Coventry to Coleshil 8 miles, to Lichfield 12, to Stone 18, to Wich 15, then to Chester 15 miles.

From London to Coventry 74 miles.

From London to Stonie-Stratford 44 miles, to Towcester 6, to Daventry 10, then to Coventry 14 miles.

From Norwich to Yarmouth 16 miles.

From Norwich to Ockhil 8 miles, thence to Yarmouth 8 miles.

From London to Lancaster 180 miles.

From London to Coventry 74 miles, to Lichfield 20, to Newcastle 20, to Warington 20, to Wigan 12, to Preston 14, then to Lancaster 20 miles.

From London to Ludlow 106 miles.

From London to Wickham 27 miles, to Ilsip 20 miles, to Chippingnorton 12, to Evisham 14, to Worcester 12 miles, to Tenbury 16, then to Ludlow 5 miles.

From Kings Lyn to London 74 miles.

From Kings Lyn to Downham 8 miles, to Southrey-ferry 4 miles, to Little Port 4, to Ely 4, to Cambridge 20, to Fulmire 6, to Barkway 6, to Puckridge 7, to Ware 5, to Waltham 8, to London 12 miles.

From Lyn to Norwich 30 miles.

From Lyn to Giton 5 miles, to Licham 8, to Billingford 5, to Baudswel 1, to Attlebridge 4, to Norwich 6.

From Coventry to Shrewsbury 44 miles.

From Coventry to Meriden 4 miles, to Bremicham 10, to Wolverhampton 10, to Bonigal 5, to Shefual 3 miles, to Watling-street 5, then to Shrewsbury 7 miles.

From London to Worcester, & so to Ludlow 106 miles.

From London to Wickham 27 miles, to Iflip 20 miles, Chippingnorton 12, to Evisham 14, to Worcester 12 miles, to Tenbury 16, then to Ludlow 5 miles.

From London to Briſtol 97 miles.

From London to Colebrook 15 miles, to Reading 14, to Newbury 10, to Marleborough 23, to Chipnam 15, to Marſfeld 10, then to Briſtol 10 miles.

From London to Exeter 138 miles.

From London to Stanes 15 miles, to Hartlerow 16, to Baſingſtoke 8, to Andover 16, to Salisbury 16, to Shaſtsbury 18, to Sherborn 12, to Chard 16, Honiton 10, then to Exeter 12 miles.

From London to St. Davids 202 miles.

From London to Maidenhead 22 miles, to Dorcheſter 17, to Abington 5, to Farrington 10, to Cicester 12 miles, to Gloceſter 15, to Roſs 12, to Hereford 8, to Brecknock 24, to Lanbury 16, to Newton 10, to Carmarthen 12, to Aſton 34, thence to St. Davids 12 miles.

The

The Names of the principal Fairs in *England* and *Wales*, with the Moneth, Day, and Place where they be kept.

January.

THe 5 day at Kickford in Lancashire, the 6 day at Salisbury, Thursday after at Banbury, the 25 at Gravesend, Bristol, Churchinford, Northallerton in Yorkshire every Wednesday from Christmas till June.

February.

The 1 day at Bromley in Lancashire, the 2 at Reading in Barkshire, at Maidstone, Bicklesworth, Bicklesfield, Bath, Kings Lyn, Bugworth. 3 at Borgrove. On Valentines day at Candle, Feversham. 24 at Henley, at Baldoak. Ashwednesday at Royston, Dunstable, Eaton, Tamworth, Tunbridg, Lichfield, Exeter, Cicester. The first munday in Lent at Banbury.

March.

The 3 day at Bromelbrakes in Norfolk, 4 at Bedford, 12 at Alson in Norfolk, Sudbury, Wooborn, 13 at Wye, at Bodwin, 20 at Durham. Munday before our Lady day at Kendal, Wisbich. 25 at Huntington, Northampton, Walden, at Ashwel in Hartfordshire, Newcastle. Midlent at Saffronwalden in Essex. Goodfriday at Norwich. Palmsunday even at Wisbich. Worcester, at Pomfret.

April.

Easter Munday at Ony in Bedfordshire, Gainsborough. Easter Tuesday at Daventry, Godmanchester, Scho in Norfolk, St. Edmunds-bury. On Wednesday at Wellingborough. On Friday at Daroy. Saturday at Bickleſworth. 2 day at Hitchin, at Rochford, Northfleet. 7 at Darby, 9 at Billingsworth, 11 at Newport-pagnel, 22 at Stabfort, 23 at Ipswich, Harbin in Norfolk, Northampton, Japsar, Charing, Kinningham, Tamworth, Bury in Lancashire, St. Pombs in Corn-

Cornwal, 26 at Dunmow, Ockham in Rutlandshire, Buckingham, Darby, 27 at Tenderden in Kent, Cleet. 30 at Beverly a week.

May.

The first day at Swaffam, Heverly in Essex, Layton buzzard in Huntingtonshire, Ripon, Reading, Maidstone, Tuxford in the Clay, Ripon by Lyn. 3 at Stratford upon Avon, Elsto in Bedfordshire, Non-Eaton in Warwickshire. Thetford in Norfolk, Chelmsford in Essex, Waltham Abby, Hinningham, Rochdale, Bramyard. 7 at Newton in Lancashire, Beverly, Oxford. 10 at Rochester, Dunstable, Magfield in Suffolk. On Rogation Munday at Reach. On Ascension day at Thaxted, Beverly, Rippon, Sudminster, Bishopstratford, St. Neots, Wickham, Middlewich in Cheshire, Freth in Darbish. On Whitsun even at Skipton in Craven. On Whitson-Munday at St. Ives, Bygate in Surry, Bickleswerth, Bradford, at Agmunsham. Munday before Whitsonday at Spilsby, and Munday 14 daies after another. Another on Munday 14 daies after at Partney. On Whitson Tuesday at Wisbich, a great fair of Horse and Cattel for 5 daies at Newmarket. On Wednesday at Royston. Thursday at Odihill. 26 at Lenham, 29 at Cranbrook.

June.

Trinity-even at Rowel, Kendal. On Corpus Christi day at Banbury, Bishopstratford, St. Neots, Coventry, Newbury. The 6, 7. and 8 of June at Milton Abbas in Dorsetshire. 9 at Maidstone. 11 a Horse fair at Horncastle, at Breme in Norfolk, Bardfield in Essex, 16 at Staw green a great Horse fair begins, and ends the 24, 17 at Hadstock, 23 at St. Albans, Derham in Norfolk, Shrewsbury, 24 at Harston in Suffolk, Barnwel, Bedford, Colchester, Rumford, Reading, Windsor, Hallifax, Hereford, Beverly, Hallingden, 26 at Bristol, Darby, 27 at Burton on Trent, Folkstone, 28 at St. Powls, 29 at Peterborough, Aswel, Sudbury, Stebing in Essex.

July.

The 1, 2, 3 day at Congerton in Cheshire, 7 at Royston, Burnt-

Burntwood. The Munday at Forbingham, 11 at Partny for Horses, 15 at Stratford upon Avon, 20 at Uxbridge, Coolridge, Woodstock, Barkway, 25 at Ickleton, Norwich, Colchester, 26 Audley-end, Walden at Reading.

August.

The first at Bedford, Burnam, St. Neots, Dunstable, Feversham, Wisbish, Bickelsworth, Stonystratford, 10 at Blackmore, Harply, Thaxstead, St. Ives, Bedford, Banbury, Farnam, Brainford, 15 at Cambridge, Huntington, Dunmow, Luton, Northampton; 24 at London, Tutbury, Norwich, Oxford, Northellerton, Dover, Begger-bush; Burton; 29 at Halston in Suffolk; Harlow, Bush in Essex.

September.

The first day at S. Giles in the Bush: On Thursday and Friday next before the 8 day, at Sandback in Cheshire. 7, 8, 9, 10 at VVoodbury-hill in Dorsetshire, 7 at VVare; 8 at Huntington, Bury in Lancashire, Partny, VVakefield, Northampton, Sturbreech by Cambridge, 14 at Ripon, VValtham Abby, Chesterfield in Darbishire, Richmond, 15 at Stratford upon Avon, 21 at Marlborough, Bedford, Baldock, S. Edmundsbury, Houlden in Holderness, Braintry, Brackly, Malden, 13 at Malton for Horses, 29 at St. Ives, Basingstoke, Market-deeping, Shelford, Bishopstratford, Malton for Oxen, Stow, Sholdam: Thursday after at Banbury:

October.

The 2 day at Salisbury at Havent, Maidstone, Coolidge, Gaywood by Lyn, St. Faiths, 8 at Bishopstratford, Harborough, 9 Gainsborough, 11 at Newportpagnel, 13 at Windsor, Colchester, Gravesend, 18 at Ely, Bishop Hatfield, Barnet, Banbury, Thirst, Burton on Trent, 21 at Saffron Walden, 23 at Bicklesworth, 28 at New Market, Dess in Norfolk, Wakefield, Rothdale in Lancashire:

November.

The 1 day at Chelmsford, 2 at Epping, Kingston on Thames, Padamhasson in Suffolk, 6 at Newport Pagnel, Bedford, Harford

ford, 11 at Ledden in Norfolk, Lenton, in Nottingham, Hempton in Norfolk, Fockingham in Lincolnshire, Bridg[illegible] in Northamptonshire, Marlborough, 13 at Boston, 17 at [illegible]ding in Lincolnshire, Harlow, Lincoln, Hide, Northam[illegible] 19 Horsham in Kent, 20 at St. Edmundsbury, Ingers[illegible] Esser, Heath, 23 at Sandwich, at Hoult, 30 at Baldock[illegible] ford, Kolingborough, Maidenhead, Warrington, Roche[illegible]

December.

The first day at Norwell, and Tring, 5 at Plackley, [illegible] S. Neots, at Woodstock, Spalding, Northwich in Chesh[illegible] Exeter, Senock, Arundel, Grantham, at Stratford upon [illegible] 7 at Sandwich, 8 at Northampton, Clitheral in Lanc[illegible] Huntington, at Malpas in Cheshire, 11 day at Newport-[illegible] 12 at Stock, 19 day at Canterbury, Salisbury.

Advertisement of Books.

The hidden Treasures of the Art of Phy[illegible] fully discovered, in four Books; Containing, 1. The Physical discription of Man. 2. The Causes, S[illegible] and Cures of all Diseases incident to the [illegible] 3. The General Cure of Wounds, Tumors, and [illegible] cers. 4. A General Rule for the making of all [illegible] of Medicines, &c. The Third Edition, with [illegible] ditions. By *John Tanner*, Student in Physick, [illegible] Astrology.

2. *A discourse of* Natural Baths, *and* Min[illegible] Waters. *With an account of the Nature, V[illegible] and Uses of our* Baths *at* Bath *in* Somerset-[illegible] By *Edward Jorden* Dr. in Physick.

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Both to be sold by *G. Sawbridge*, at the Bi[illegible] *Lud-gate-hill.* FINIS.